

July 19 2013
Ramadhan 10, 1434 H

Al-Qalam

Darul Uloom Islamic Academy of Brisbane, 6 Agnes street, Brisbane 4102

RAMADHAN EVENTS

Halaqah Qur'an
During Ramadhan, 15 minutes before Iftaar

Esha and Tarawih Prayers
Starting at 7 PM with 4 Huffaz Reciting whole Qur'an

Tafseer
Everyday after Tarawih Prayer

Qiyamul Lail
Everyday 30 minutes before Fajr Adhaan

Lailatul Qadr Talk and Khatamul Qur'an
The 27th night of Ramadhan

I'tikaf
The last 10 days of Ramadhan

Community Iftaar
Every weekend Insha Allah

The True Goal of Fasting

The true goal of fasting is to achieve and develop the quality of Taqwa. The meaning of Taqwa is to perform good deeds and to restrain oneself from doing wrong acts due to the fear of Allah's displeasure. The development of Taqwa requires, as well as some physical restraints, discipline for the soul through regular prescribed acts of worship performed with sincerity, and constantly being on guard against one's lower tendencies.

For this and for many other reasons, the Prophet (s.a.w.) said:

ومن لم يدع قول الزور والعمل به فليس لله حاجة في أن يدع طعامه وشرابه.
"As for the one who did not abstain from false talk and action upon it, Allah has no need for his abstaining from his food and drink."

وكم من صائم ليس له من صيامه إلا الجوع والعطش، وكم من قائم ليس له قيامه إلا السهر.

"How many of those who fast gain nothing from their fasting but hunger and thirst, and how many of those who stand (in Salah) at night gain nothing from their standing except being awake."

There are three grades of fasting: (1) ordinary, (2) special and (3) extra-special.

Ordinary fasting means abstaining from food, drink and sexual intercourse.

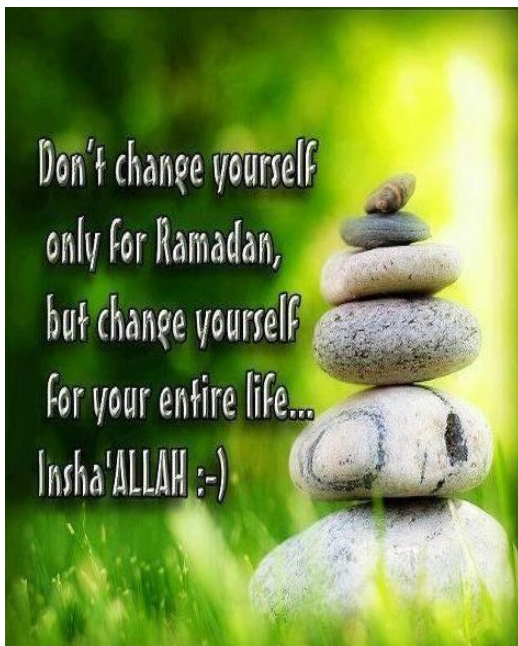
Special fasting means the above, plus guarding one's body parts from committing sinful acts.

Extra-special fasting means the above, plus guarding one's heart from sinful or unworthy worldly thoughts which are not conducive to the remembrance of Allah. This fast involves abstaining from the attachment to anything other than Allah.

The extra-special level of fasting belongs to the Prophets, and to the Friends (Awliya') of Allah.

May Allah make us from amongst those who gain Allah's nearness during this Holy month of Ramadhan.

Ameen Ya Rabb Bal Aalameen.



Don't change yourself
only for Ramadan,
but change yourself
for your entire life...
Insha'ALLAH :-)

Those who are exempted from fasting

•Minhaj Al-Muslim

The Traveler

Allah says in surah Al-Baqarah: 184: “ So, whoever was ill among you or on a journey, then (he must make up) the number (of days) from other days.”

If a Muslim travels a long distance journey (80 km), according to this aayah, a fasting person can break their fast and has to make up the fast that they broke when they return home. However, if fasting during travel is not difficult for him, then he should fast and that would be better.



The Person who is ill

There are three conditions in regard if a Muslim becomes ill during the month of Ramadhan:

1. If an ill Muslim considers that they are able to fast without any extreme difficulty, so then they fast.
2. If an ill Muslim is not able to fast, they can break their fast. Then, they will make up for whatever days they did not fast.
3. If an ill Muslim is not able to fast and is not expected to recover, then they can break their fast and give charity for each day that they did not fast by giving a Mudd (handful) of foodstuff. This is according Allah’s statement in the holy Qur’an : “ And as for those who can fast with difficulty, they have to feed a poor person as compensation.”

The Elderly Person



“ It was permitted for the very elderly man (or woman) to feed a poor person for everyday (that he did not fast), and he did not to make up for the days.” [Narrated Ad-Daraqutni and Al Hakim].

If a Muslim man or woman reaches the extreme old age, at which they do not have the strength to fast, they may break the fast and give charity for every day that they did not fast.

The pregnant and Breast-feeding Woman

If a Muslim woman is pregnant and she fears for herself or baby, she may break her fast. Then, when her excuse has gone, she makes up for her missed day of fasting. If she is wealthy, she should give charity along with each day that she fasts.

Likewise is the ruling of breast-feeding woman if she fears for herself and for the baby, so then she can break her fast and make up for the days or feed poor people.



The Pillars of Fasting:

1. An Niyyah (Intention)

The intention must be made during the previous night, before fajr time

2. Al Imsak (Refraining)

This is to refrain from those things that break the fast

3. Az Zaman (The time)

The daytime, which is from the entry of Fajr until the sunset

Islamic Parenting

Let's Train Our Children to Fast in Ramadhan



Children are not commanded to fast in the holy month of Ramadhan since they did not reach puberty or baligh. However, parents are strongly suggested to encourage their children to fast from the early age of 7, so that they are used to it when they grow up.

One of sahabiyah Al-Rubay' bint Mu'awwidh (may Allah be pleased with her) said, speaking about Ramadan when it was made obligatory:

"We used to make our children fast, and we would make them a toy made out of wool. If any one of them started to cry for food, we would give them that toy to play with until it was time to break the fast." [Narrated Bukhari]

It is an obligation for Muslim parents to teach their children how to fast as this is part of the Islamic education that children must gain from an early age. Fasting is one of the five pillars of Islam and for this reason, the practice of fasting should be a happy practice for our children. Moreover, the important thing is that parents should give the examples of fasting to their children.

Before asking our children to fast, we should give them the knowledge of Ramadan. We should explain to them the meaning of Ramadan and fasting. Then, we start training them to fast progressively. As the first step, we can ask them to fast half day (until dhuhr time) and then they can break their fast. After breaking their fast, they can continue fasting until maghrib time. If the children get used to this, we can train them to do fasting for the whole day.

As parents, we have to motivate and give rewards to our children when they are able to fast the whole day. Reward will encourage them to do fasting happily. Any little progress that our children make, we have to praise them and give them reward.

Ramadhan is a good time to train our children how to fast because fasting has a lot of lessons for children such as empathy for unfortunate people so that they can be thankful to Allah for giving them enough food.

Insha Allah, if we start training our children to fast in their early age, they will be used to it when they grow up and Allah will reward us for teaching our children for doing a good deeds; fasting Ramadhan. May Allah guide and helps us to teach our children about the religion of Islam *Ameen*.

The ABC of Parenting in Islam:

Always trust your children to Allah's care

Bring them to the Masjid

Challenge them to high goals in the religion of Islam

"Our Lord! grant us in our mates and offspring the joy of our eyes and make us patterns for those who guard against evil." (Surah Al-Furqan:74)

“And your Lord
says, call upon
Me: I will respond
you”

(Qur'an 40 : 60)

The Qur'an is an
intercessor, some-
thing given permis-
sion to intercede,
and it is rightfully
believed in. Who-
ever puts it in
front of him, it will
lead him to Para-
dise; whoever puts
it behind him, it will
steer him to the
Hellfire.” [Hadith
At-Tabaraane.

DU'A OF THE WEEK

Invocations for the setting of a debt



Ramadhan Challenge

Ramadhan Mission: Complete reading the whole Qur'an

Why do we have to read the Qur'an?

“This is the Book (the Quran), whereof there is no doubt, a guidance to those who are Al-Muttaqoon [the pious] [Quran Al-Baqarah 2:2]

Why do I have to read more in Ramadhan?

The month of Ramadan in which was revealed the Quran, a guidance for mankind and clear proofs for the guidance and the criterion (between right and wrong) [Quran al-Baqarah 2:185]

What is the reward of reading the Qur'an?

“Whoever reads a letter from the Book of Allah, he will have a reward. And that reward will be multiplied by ten. I am not saying that “Alif, Laam, Meem” is a letter, rather I am saying that “Alif” is a letter, “laam” is a letter and “meem” is a letter.” [Hadith Tirmidhi]

“Verily the one who recites the Qur'an beautifully, smoothly, and precisely, he will be in the company of the noble and obedient angels. And as for the one who recites with difficulty, stammering or stumbling through its verses, then he will have TWICE that reward.” [Al-Bukhari and Muslim]

How do I complete reading whole Qur'an during the month of Ramadhan?

1 Juz of Qur'an = 10 sheets

Daily prayer = 5 times

If we recite 2 sheets of Qur'an after performing each salaah (10 : 5 = 2)

We will be able to complete 1 juz a day

Thus, 30 days will be 30 Juz, which means a whole Qur'an

Let's take this challenge and start reciting the holy Qur'an!!!